

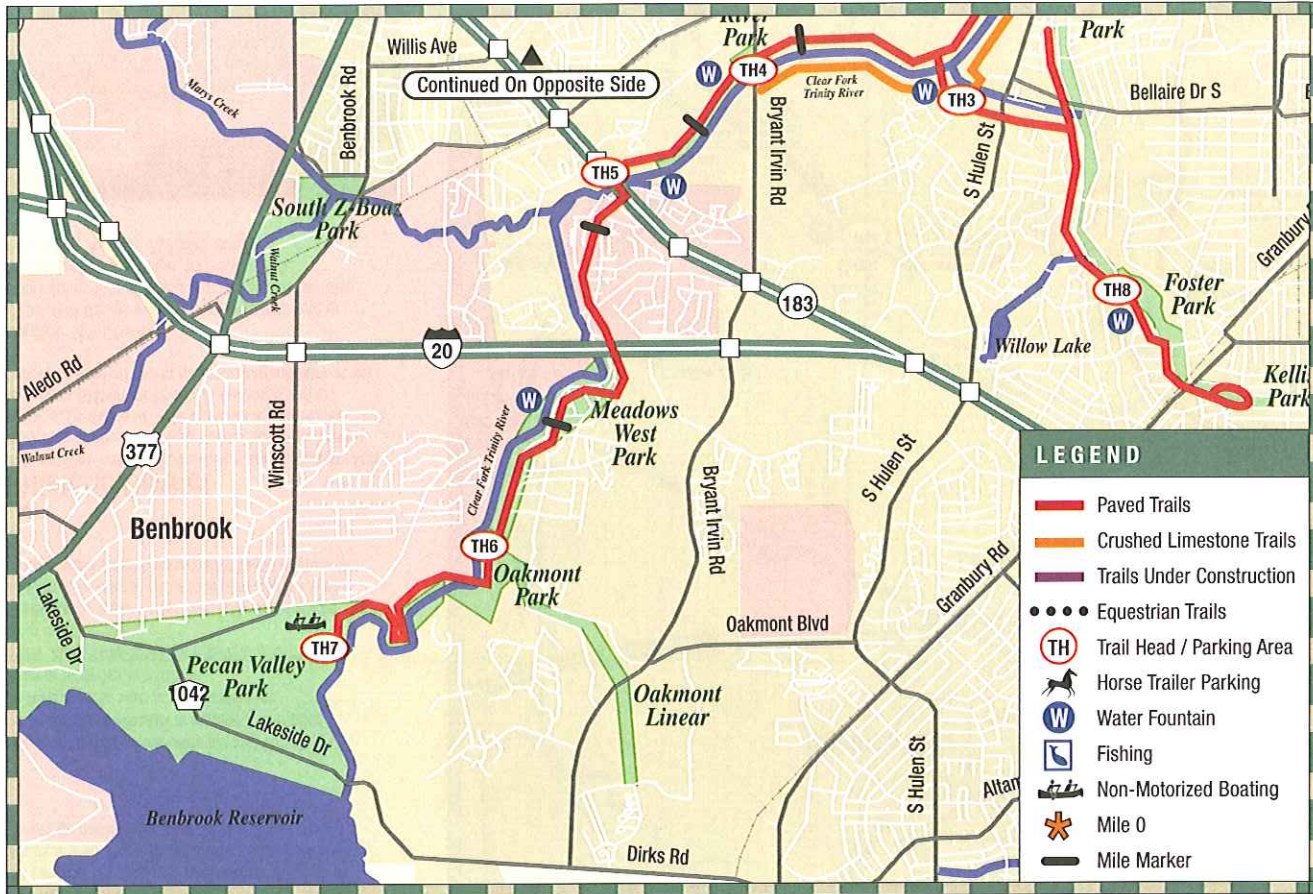
Points of Interest
continued

- River Bend Nature Area**, 75 acres, incorporates a segment of the old river channel before it was channelized. Abundant birds and wildlife make their habitat here. The park provides links to the trail system for the Northcrest, Burton Hill and River Crest neighborhoods.
- Sycamore Park**, offers swimming, tennis, softball, horseshoes, dominoes, basketball and more. Sycamore Golf Course is across the street and Sycamore Community Center is in the park.
- Trinity Park**, is in the heart of the cultural district. The park is home to Mayfest, held the first weekend in May with plenty of food, arts, crafts and live performances. Tarrant Regional Water District stocks the river each spring with fish. Fishing is allowed but may require a license, and life jackets may need to be worn by small children. Swimming is not allowed.
- Rockwood Park**, offers a large sports complex, housing lighted softball competition fields, soccer fields, t-ball fields and a driving range. Fishing is allowed in the Trinity River, but a license may be required and life jackets must be worn by children. The hike and bike trail extends through this park along the West Fork, providing a connection to downtown Fort Worth and trails to the east and southwest.

The Fort Worth Trinity Trails System has been developed for the enjoyment of pedestrians, cyclists and horseback riders through the partnership of Streams and Valleys, Inc., The Fort Worth Parks and Community Services Department, and the Tarrant Regional Water Department. Texas Star bike racks are located in downtown, with racks available on T buses and Trinity Railway Express. Bike lockers are available at the Intermodal Transportation Ctr.

Streams and Valleys is a non-profit organization committed to expanding the recreational amenities and beautification efforts of the Trinity River in Fort Worth. It is supported by tax-deductible donations from individuals, businesses and foundations. For more information:

Streams and Valleys, Inc.
P.O. Box 101373
Fort Worth, Texas 76185
817-926-0006
streamsvalleys@charter.net
www.trinityriverrevision.org

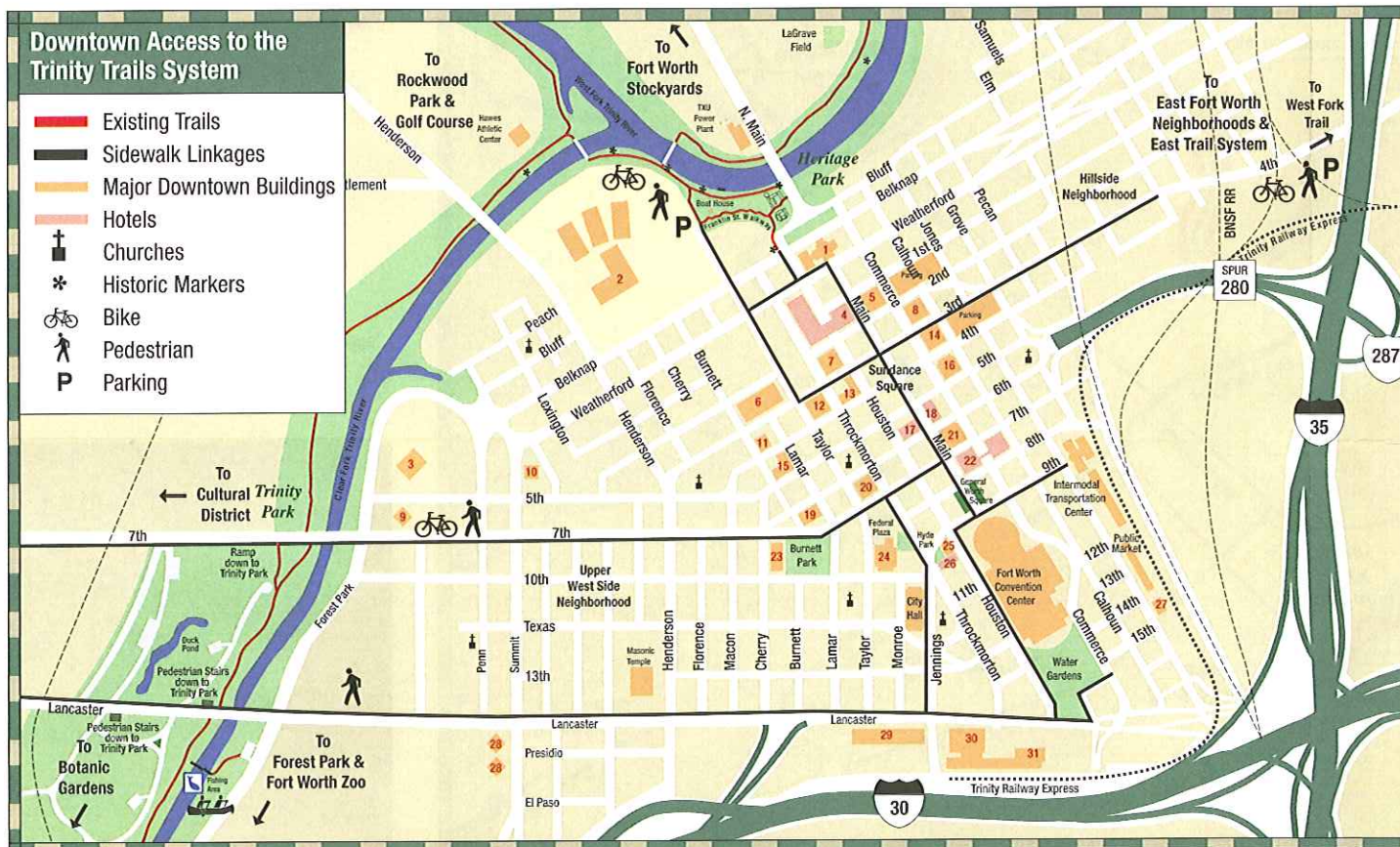


LEGEND

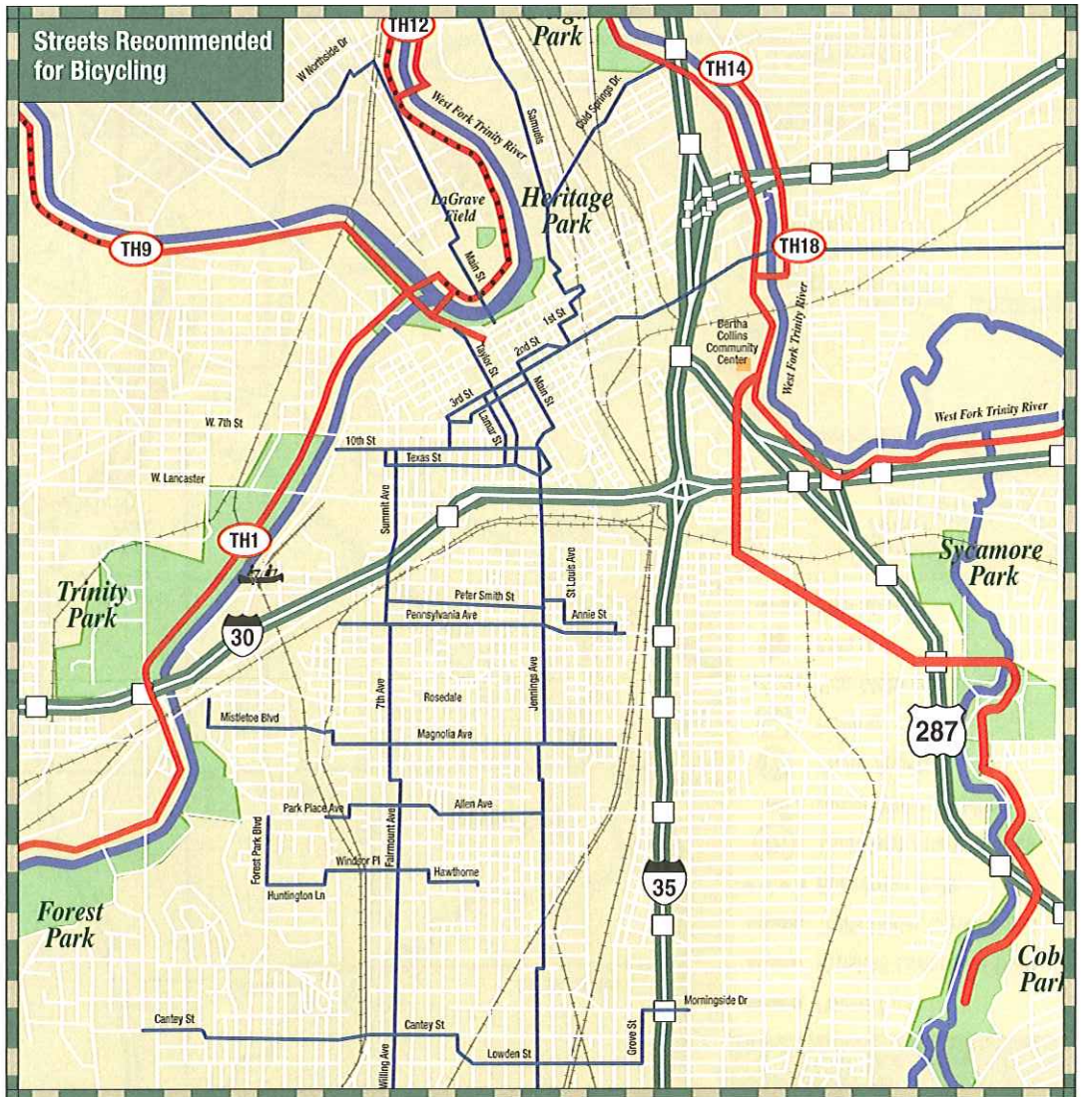
- Paved Trails
- Crushed Limestone Trails
- Trails Under Construction
- Equestrian Trails
- Trail Head / Parking Area
- Horse Trailer Parking
- Water Fountain
- Fishing
- Non-Motorized Boating
- Mile 0
- Mile Marker



FORT WORTH Trinity Trails



- Downtown**
- Tarrant County Courthouse
 - RadioShack
 - Pier 1
 - Renaissance Worthington Hotel
 - Chase Texas Tower
 - Fort Worth Public Library
 - Sundance Theater
 - City Center Tower II
 - Cash America
 - Mallick Tower
 - YWCA
 - Bank One
 - Fort Worth Convention and Visitors Bureau
 - Palace Theater
 - YMCA
 - Bass Hall
 - The Ashton Hotel
 - Courtyard Marriott Hotel
 - Bank of America
 - Chamber of Commerce & Fort Worth Club
 - Carter Burgess Plaza and Petroleum Club
 - Hilton Fort Worth
 - Burnett Plaza
 - Federal Building
 - Flat Iron Building
 - Park Central Inn
 - Santa Fe Depot
 - Summit Towers
 - T&P Warehouse
 - U.S. Post Office
 - T&P Building



The Trinity Trails System is for everyone to use and enjoy safely:

- Be courteous.
- Keep right.
- Give an audible signal when passing.
- Use lights at night.
- Yield to slower users.
- Pass cautiously on the left.
- Yield when entering and crossing trails.
- Please don't litter.



Sponsored by:



Discover more than 40 miles of scenic and safe trails winding along the Trinity River and its tributaries. Whether you're walking, running, cycling or on horseback, you'll enjoy the beauty and variety this extensive trail system offers as it extends to 21 parks, the beautiful and historic Fort Worth Botanic Garden and Japanese Garden, Log Cabin Village, the Cultural District with its world-renowned museums, the Fort Worth Stockyards, downtown, Sundance Square and more.

Points of Interest

Heritage Park
Heritage Park is located north of the Tarrant County Courthouse. The park, where the Clear and West forks of the Trinity River converge, offers great access to the Trinity Trails from downtown. In 1849, a troop of U.S. Dragoons, under Major Ripley A. Arnold, established a fort on this bluff above the river to protect North Texas settlers. The soldiers named it Camp Worth in honor of General Williams Jenkins Worth, a hero of the Mexican War. By 1853 the fort was abandoned and the remaining buildings became the town of Fort Worth.

Forest Park
Forest Park is located by University Drive and Colonial Parkway in west Fort Worth. It has picnic tables, soccer fields and one of the trailheads is located in the park.

- Log Cabin Village has six 1850s Texas cabins with period furnishings. Live demonstrations depict the lives of early Texas Settlers.
- The **Miniature Train in Forest Park** leaves the depot for a 5-mile ride to the Duck Pond in Trinity Park. Roundtrip is 40 minutes.
- The internationally ranked **Fort Worth Zoo** is inside Forest Park, only minutes from the trailhead. The zoo is home to more than 5,000 exotic and native animals. The 8 acre exhibit Texas Wild! details various Texas regions and houses native Texan animals like ferrets and alligators.

Stockyards National Historic District
Cowtown begins four miles north of downtown in a 15-square-block area called the Fort Worth Stockyards. See the world's only daily cattle drive head down Exchange Avenue. Catch the rodeo in the Cowtown Coliseum. Or dance at "The World's Largest Honky-Tonk," Billy Bob's Texas. Then mosey to Stockyards Station for shops, restaurants and an amusement park. Learn about the history of the Fort Worth meatpacking industry at the Stockyards Museum.

- Stockyards National Historic District:** 817-624-4741
- Fort Worth Herd Cattle Drives:** The herd travels every day (except holidays) at 11:30 a.m. and 4 p.m., weather permitting. Educational programs which can also be booked by calling 336-HOLD. East Exchange Avenue, 817-336-4373.
- Stockyards Museum:** 131 East Exchange Avenue, 817-625-5087



Cultural District
Fort Worth is home to some of the finest museums in the world.

- The **Kimbell Art Museum** has English, European and Asian art ranging from antiquity to the 20th century.
- The **Amon Carter Museum** has the third largest collection of American art in the country.
- The **Modern Art Museum of Fort Worth** opened in 1892 and is the oldest art museum in Texas.

- The **Fort Worth Museum of Science and History** is geared toward the education of children, featuring traveling exhibits, the Omni Theater, the Noble Planetarium, Kidspace and DinoDig.
- The **National Cowgirl Museum and Hall of Fame**, is a tribute to women who have demonstrated the pioneer spirit.

To learn more about the Cultural District visit www.fortworth.com.

Fort Worth Botanic Garden
Across University Drive from Trinity Park is the oldest botanic garden in Texas. The park contains 109 acres of 2,500 native and exotic plants and a Conservatory, with tropical plants and birds from around the world. Open 8 a.m. to dusk.

- Situated in the middle of the Botanic Garden, the **Japanese Garden** offers a calming space in the midst of a booming city. Evergreens and colorful flowers surround waterfalls and ponds filled with Koi fish (which you may feed). Along the shaded paths, find a giant rock garden, statues and Japanese structures.

Major City Parks
The Trinity Trails connect 21 area parks including: Pecan Valley, next to Benbrook Lake; Gateway Park, in east Fort Worth; and the River Bend Nature Area, in west Fort Worth. 817-871-PARK www.fortworthgov.org/pacs/fwpacs/index.asp

- Gateway Park** is on the eastside of Fort Worth north of the I-30 and Beach St. interchange. The sports complex is complete with snack bar, sports pro shop, restrooms and picnic areas. The park has numerous picnic areas and water front areas on the Trinity River and Bike & Hike trails.



Trailhead Locations

- TH1 Trinity Park Road
- TH2 University Drive at Riverfront
- TH3 Bellaire Drive South at Channel
- TH4 Bryant Irvin Road near River Park
- TH5 Southwest Boulevard at RCCE exit
- TH6 7000 block Bellaire Drive South at Oakmont Park
- TH7 Memorial Oak Drive
- TH8 South Drive at Trail Lake Drive
- TH9 Rockwood Park (also at Shamrock and University)
- TH10 Churchill and Isbell
- TH11 Meandering Road at Anahuac
- TH12 600 Northside Drive
- TH13 Sansom Park Drive
- TH14 500 block Oakhurst Scenic
- TH15 Riverfront Drive at Gateway Park
- TH16 Cobb Park Drive at Berry Street
- TH17 White Settlement at Isbell Road
- TH18 E. 4th Street at Sylvania Avenue